

16S rDNA-PCR and Sequencing Improves Diagnosis of Bacterial Infection of the Central Nervous System

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Abstract: Rapid initiation of antibiotic treatment and fast diagnosis are essential in bacterial infection of the central nervous system (CNS). Culture as common method for detecting bacteria is time consuming and unreliable once antibiotic treatment has been initiated. Eubacterial 16S rDNA-PCR with species differentiation by sequencing appears to be a promising tool. Our experiences with this method performed on specimens from patients with neurological disorders between 2004 and 2006 are presented. The follow-up of 26 patients revealed bacterial infection in 12 cases (ten on effective antibiotics). The pathogen was identified in seven cases (one by culture and PCR, six by PCR alone). Additionally, two positive PCR-results failed to be sequenced, yet suggest bacterial infection. Contamination was revealed in two cases without infection, one by PCR and one by PCR and culture.

In conclusion, 16S rDNA-PCR may be useful for diagnosis bacterial infection of CNS, especially after onset of antibiotic therapy.

Keywords: Broad range PCR; eubacterial PCR; 16S rDNA-PCR; meningitis; cerebral abscess; spinal infection; CNS infection, sequencing.

INTRODUCTION

In bacterial infection of the central nervous system (CNS), rapid initiation of antibiotic treatment and fast, accurate diagnosis are essential. In microbiological laboratories, the most sensitive method of detecting bacteria is culture, a time consuming procedure that is unreliable once antibiotic treatment has been initiated. To address this problem, PCR seems to be a promising tool, since it does not rely on intact, cultivable organisms. The advantage of 16S rDNA-PCR followed by sequencing is the possibility to detect DNA derived from all bacteria, enabling the diagnosis of bacterial infection even where rare or unexpected organisms are the cause.

PATIENTS AND METHODS

Over a three years period, from January 2004 to December 2006, 16S rDNA-PCR was performed alongside the standard microbiological procedures on analytical samples collected in a single university centre. It was applied on all specimens from patients with suspected bacterial CNS infection where the classical microbiological tools were expected to fail, usually due to antibiotic treatment prior to sample collection. Further reasons for inclusion were unusual clinical signs with suspicion of bacterial disease but

negative microscopy, where uncommon fastidious bacteria were expected.

Cultures were done according to conventional methods for aerobic and anaerobic bacteria, mycobacteria and fungi. In neonates, samples were additionally cultured on mycoplasma specific media (Oxoid CM 401) for one week.

At the same time PCR was performed. DNA extracted by HPPTP Kit (Roche, Mannheim) was used. To exclude contaminations during amplification, each PCR master mix was digested by restriction endonucleases *Alu I* and *Rsa I*. To confirm the basic PCR conditions, negative, positive and inhibition controls were done for each sample. The primers F (5'ccagcagcccggttaatacg 3') and R (5'gacgtrtcncdctcttctc 3') amplify a 680bp-conserved region of 16S-rDNA [1]. DNA amplification was afforded by initial denaturation of 95°C for 5 min, 35 cycles of 95°C for 30 sec, 53°C for 30 sec and 72°C for 90 sec and terminal elongation at 72°C for 7 min. The product was sequenced with ABI PRISM 310 DNA-sequencer (Applied Biosystems). Sequence associations were determined by using BLAST search algorithm of GenBank database (National Centre for Biotechnology Information). Clinical data collected included clinical signs, imaging, blood/serum and cerebrospinal fluid cytology and protein, lactate analysis, response to antibiotic treatment and additional procedures.

RESULTS

27 specimens were examined from 26 patients. Patient follow-up revealed twelve patients with bacterial infection of the CNS – eight patients (9 samples) with meningitis, one

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Table 1. Clinical Data, Laboratory Findings and Microbiological Results (Cases with Confirmed CNS Infection are in Printed in Bold) of the Investigated Patients

No	Age	Spec	GS	Culture	PCR	PCR Homology	Final Diagnoses	CRP [mg/l]	CSF Cell Count [no/ μ l]	Lactate Levels [mmol/l]
1	37	CSF ¹	neg	neg	pos	<i>Sphingomonas sp.</i>	undefined brainstem lesion	140	55	6.6
2	52	CSF	neg	neg	pos	<i>Serratia sp.</i>	bacterial meningitis	298	395	4.2
3	74	CSF	neg	neg	neg		focal epileptic seizure	2	2	1.4
4	54	biopsy	neg	neg	neg		metastasis	28	∅	∅
5	39	CSF	neg	neg	pos	none	bacterial meningitis	138	3243	12.5
6	31	CSF	neg	neg	neg		bacterial meningitis	303	3035	8.2
7	62	CSF	neg	neg	neg		chronic CD4 ⁺ -meningitis	50	136	4.4
8	40	biopsy	neg	neg	neg		Cadasil-syndrome	2	1	1.7
9	55	CSF	GPC	<i>Staphylococcus epidermidis</i>	pos	<i>Staphylococcus sp.</i>	Non-Hodgkin-Lymphom	2	2	∅
10	30	CSF	neg	neg	neg		EBV-associated lymphoma	5	31	1.7
11	1	CSF	neg	neg	neg		sepsis	8	2	1.9
12	64	CSF	GPC	neg	neg		meningitis, sepsis	147	132	3.0
13	33	biopsy	neg	neg	neg		arachnoiditis (autoimmun)	19	4	∅
14	60	swab ²	GPC	neg	pos	<i>Staphylococcus sp</i>	spinal abscess, sepsis	171	∅	∅
15	35	CSF	neg	neg	neg		subarachnoid hemorrhage	81	59	∅
16	35	swab ³	neg	neg	pos	none	spinal abscess, ALL	46	∅	∅
17	83	pus ⁴	GPC	neg	pos	<i>Strept. pneumoniae</i>	endophthalmitis, meningitis	102	664	8.4
17	83	CSF	neg	neg	neg					
18	77	CSF	neg	neg	neg		Guillain-Barré syndrome	19	1	1.6
19	46	CSF	neg	neg	neg		Lupus erythematoses	199	5	∅
20	40	swab ⁵	neg	neg	pos	<i>Fusobacterium nucl.</i>	cerebral abscesses	141	13	1.6
21	30d	CSF	neg	<i>Mycoplasma hominis</i>	pos	<i>Mycoplasma hominis</i>	meningoencephalitis	64	10000	∅
22	19	CSF	GNC	neg	pos	<i>Neiss. meningitidis</i>	meningitis	198	4740	7.5
23	18	CSF	GNC	neg	pos	<i>Neiss. meningitidis</i>	meningitis	362	28100	∅
24	41	CSF	neg	neg	neg		meningitis	246	1600	4.9
25	5	CSF	neg	neg	neg		epileptic seizure	4	∅	∅
26	29	CSF	neg	neg	neg		undefined bulbar disorder	3	6	1.1

No, number; Spec, Specimen; GS, Gram stain; PCR, Polymerase Chain Reaction; CRP, C reactive protein; CSF, cerebrospinal fluid; GPC, gram positive cocci; GNC, gram negative cocci; pos, positive; neg, negative; ∅, not done; Staph, Staphylococcus; M, Mycoplasma; ALL, acute lymphocytic leukemia; nucl, nucleatum; CADASIL, cerebral autosomal dominant arteriopathy with subcortical infarctions and leukoencephalopathy; ¹shunt catheter; ²intervertebral disc; ³vertebral abscess; ⁴vitreal; ⁵cerebral abscess.

patient with meningoencephalitis, two patients with spinal and one with multiple brain abscesses (Table 1).

All of them showed elevated C-reactive protein levels, ranging from 46 to 362 mg/l. The cell count of the cerebrospinal fluid (CSF) in patients with meningitis revealed 132 to 28,100 cells/ μ l. Ten of the twelve patients with bacterial CNS infection were already on effective antibiotic treatment at the time of specimen collection. In this group, nine positive PCR results were obtained. In seven cases, the sequences could be aligned with known sequences and were identified as *Neisseria meningitidis* (2), *Mycoplasma hominis* (1), *Fusobacterium nucleatum* (1),

Streptococcus pneumoniae (1), *Staphylococcus sp.* (1) and *Serratia sp.* (1).

Mycoplasma hominis was the only germ of this group which could be cultivated, but this took two additional days as compared with PCR. In patient 17, we obtained two specimens, fluid aspirated from the vitreous body, and CSF. In spite of elevated cell counts, both the PCR and the culture failed to detect any bacteria in the CSF. However, microscopy of the ocular fluid of this patient revealed the presence of gram positive cocci. Whereas the culture remained negative but *Streptococcus pneumoniae* was detected by PCR. Follow-up of the remaining 14 patients excluded bacterial infection of the CNS. But PCR in this

group yielded two positive results with sequence homology to *Sphingomonas sp.* and *Staphylococcus sp.* The latter finding was confirmed by culture and could be identified as *Staphylococcus epidermidis*.

DISCUSSION

Even the limited number of 27 samples in our consecutive series showed 11 positive PCR results leading to the identification of nine bacteria after sequencing, with a spectrum of six different species. All bacteria found correlated well with the clinical picture: *Fusobacterium nucleatum* – abscesses, *Mycoplasma hominis* – meningoencephalitis in a newborn, *Neisseria meningitidis*, *Streptococcus pneumoniae* – meningitis, *Serratia sp.* – meningitis with sinusitis, *Sphingomonas sp.* – contamination, *Staphylococcus sp.* – as contamination as well as a pathogen in an abscess [2]. Except *Sphingomonas sp.* and *Staphylococcus sp.* (in one case) all PCR findings were clinically relevant. In three cases the antibiotic treatment was optimized due to the revealed results (patient 2, 20, 21). Furthermore, additional security was gained in clinically critical situations.

Of the 12 patients with bacterial infection of the CNS, 10 received effective antibiotic treatment already at the time samples were taken. In this particular group, PCR was clearly superior to conventional microbiological methods (9 versus 1) in detecting bacteria from CSF (5 versus 1) [3–6] or from swabs, pus or biopsy (4 versus 0) [7, 8]. The bacteria found most frequently like *Staphylococcus, sp., Strept. pneumoniae, Serratia sp.* and *Neisseria meningitidis* are usually easy to culture. But the need of rapid antibiotic treatment especially in patients with bacterial CNS infection interferes with the conventional microbiological method of culture and makes the PCR more reliable. We found two pathogens by PCR: *Fusobacterium nucleatum* [9] and *Mycoplasma hominis*, which are often missed by culture in the absence of particular non-standard growing conditions. Surprisingly, only *Mycoplasma hominis* grew in a culture when supplementary growth conditions were provided. In two cases, sequencing failed due to insufficient amplicons (patients 5, 16). Further problems with sequencing included the incapability to identify to species-level (patients 9, 14) and ambiguous sequencing results, which is rarely the case in CNS infections [10]. One frequently mentioned advantage is the early availability of PCR results versus culture. This was the case in patient 21. The culture of *Mycoplasma hominis* took four days, while results from 16S rDNA PCR and sequencing were available by the second day. More than in culture methods, contamination is an important issue of the molecular assay, as seen in patients 1 and 9. Hence, there

should be careful interpretation of any molecular finding, and only in tandem with other laboratory findings, such as culture, immunological and biochemical markers, and the clinical scenario of the patient [11].

In conclusion, broad-range PCR with sequencing is very useful when antimicrobial therapy has already been initiated, or when cultures remain negative in spite of suspected bacterial infection. This technique provides the opportunity to identify non-cultivable, uncommon, or even unknown causative bacteria. High costs and the inherent inability to determine susceptibility to antibiotics with this method restrict routine use as a substitute for bacterial culture.

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